

WOMEN'S MIKITA  
(Moteru Mikita)  
(Lithuania)

The men's Mikita, danced by four M with two rods of about 8 ft long, is quite vigorous. The women's Mikita is quite simple in contrast. The figures of this dance were brought to this country by Mrs. Giedra Gudauskas, a refugee from Lithuania. The dance had its first public presentation on October 29, 1946, at International House at the University of Chicago.

Source: "Dance of Lietuva," and "Let's Be Merry," by V. F. Beliajus.

Record: Folkraft Lithuanian LP

Formation: Groups of four cpls facing inward as in Virginia Reel; dancers in each line join hds.

Lines move twd each other with 3 polka steps; stamp 3 times (L,R,L) on 4th meas. Polka bkwd to places stamping 3 times on 4th meas (8 meas in all).

M1 (the head of one line) and W4 (the ft of other line) polka twd each other 3 times, stamping on 4th meas, turn around and polka back to places, always stamping on 4th meas (8 meas in all). Each line forms a circle (hds joined) and polkas CW for 8 meas ending in original pos, finishing with stamps on 8th meas.

M2 and W3 polka twd each other, as above, and return to places. Form two small circles again and back to lines. Continue in similar manner with M3 and W2, and M4 with W1, with circles.

Both lines join hds in one large circle, polka to R for 8 meas, stamping on 8th meas, then polka to L and break up into two lines again (8 meas). Both lines advance and back, as in the beginning of dance, and finish with bow.

Presented by Vyts Beliajus